

## PREVENTIS *SmarTest*<sup>®</sup> Vitamin D

### Smartphone-driven rapid test for the determination of your vitamin D level



A modern solution: The combination of a rapid test and a smartphone app for the accurate determination of the vitamin D level within minutes.

Perform the rapid test using a small blood sample from your fingertip and obtain your result directly on the smartphone.

Preventis is your renowned partner for health care. Our research provides you today this modern smartphone-driven rapid test for the reliable determination of vitamin D at home:

**Preventis SmarTest<sup>®</sup> Vitamin D.**



Please find further information and the list of supported smartphones (system requirements) at:  
<http://vitd.preventis.com/en/>

[WWW.PREVENTIS.COM](http://WWW.PREVENTIS.COM)

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**PREVENTIS  
QuantOn<sup>®</sup>  
Technology**

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## PREVENTIS *SmarTest*<sup>®</sup> Vitamin D

### Vitamin D rapid test & app

easy, fast and reliable



 **PREVENTIS**

## Vitamin D for your health



Vitamin D plays an important role in our metabolism, especially for bone health. The body can produce vitamin D in the skin with the help of sunlight. Therefore, it is often called the „sunshine vitamin“. Unfortunately, reduced sunlight hours in the winter, lack of outdoor time and use of sunscreen can easily lead to a vitamin D deficiency.

### Ideal vitamin D level

- Promotes bone health and prevents osteoporosis or rickets
  - Protects against infections, for example cold
- Vitamin D deficiency and its relation to cardiovascular disease, autoimmune diseases, and even cancer and diabetes are also discussed in medical science.

### Tips for an ideal level of vitamin D

- ✓ Frequent outdoor activities (15–20 minutes of sun with more than 40 % of skin exposure is optimal)
- ✓ Eating vitamin D rich foods: fish (salmon, herring), liver, cheese, mushrooms and avocados
- ✓ Adding vitamin supplements to diet (if necessary or recommended)

## PREVENTIS SmarTest® Vitamin D

### What are the advantages of SmarTest® Vitamin D?

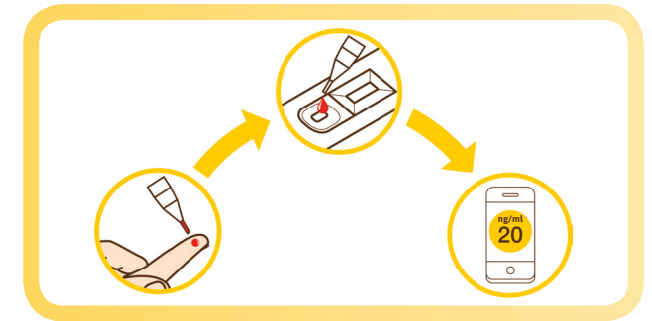
#### Health Care at home: check your vitamin D level

- ✓ App is free available in the Apple Store and the Google Play Store
- ✓ Simple to perform anywhere
- ✓ Painless collection of a blood sample from your fingertip
- ✓ Test results are available within a few minutes
- ✓ Optimal adjustment of your vitamin D supplementation based on continuous monitoring

When taking vitamin D supplements it is advisable to check the effectiveness on a regular basis.

## PREVENTIS SmarTest® Vitamin D

### How does the test work?



You can easily perform the test at home:

- ✓ Painlessly collect a blood sample from your fingertip
- ✓ Apply the sample to the test device
- ✓ Wait 15 minutes for the test to develop
- ✓ Scan your test device with your smartphone camera
- ✓ The **Preventis SmarTest® Vitamin D** app calculates your vitamin D level
- ✓ The result is displayed immediately on your smartphone

Preventis SmarTest®  
Vitamin D app required

